

# STUDIO 124 PILATES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	10:00-11:00 Larissa <b>Post Natal</b> Pre Register			8:45-9:45 Larissa <b>Post Natal</b> Pre Register		10:00-11:00 Marti <b>Level II Reformer</b> Pre register 09.07-10.26	11:00-12:00 Dave <b>Level I/II Mat</b> Pre register 09.08-10.27
						11:00-12:00 Dave <b>Level II Mat</b> Pre register 09.07-10.26	11:00-12:00 Dave <b>Beginner</b> Drop-In
Mid Day		12:00-1:00 Marti <b>Level I/II Mat</b> Pre register 09.03-10.29					
Evening	7:00-8:00 Dave/Marti <b>Beginner</b> Drop-In	6:00-7:00 Doris <b>Level I/II Mat</b> Pre Register 09.03-10.29	6:00-7:00 Doris <b>Level I Mat</b> Pre Register 09.04-10.30	7:00-8:00 Dave/Marti <b>Beginner</b> Drop-In			
	7:00-8:00 Doris <b>Level I Reformer</b> Pre Register 09.09-09.30						